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PARADO DE VALDEMOSA

(MALLORCAN)

This dance was learned by Madelynne Greene from the leader and teacher of the ethnic group "Danza Tipica de Mallorca" in Palma de Mallorca, Spain, in 1954. It was presented by her at the College of the Pacific Folk Dance Camp in the summer of 1956. This is an ancient bolero, slow and majestic. The steps are small and dignified since it is a court dance. The melody was imported from Castile during the latter part of the 18th century.

- MUSIC:** Record: Biscaye 103 Parado de Valdemosa
- FORMATION:** One M and two W stand evenly spaced, facing inward in a small circle. L hand on hip R hand at side.
- STEPS:** Run* Walk*—During walk, hips are turned twd indicated direction but shoulders are turned diag in twd ctr of circle.
Tap—Light touch with ball of ft beside supporting ft. No wt.
Kneeling Step—Kneeling or bent leg crosses behind supporting leg. Knee almost touches floor. When direction "Kneel R" is given, R crosses behind L. Opposite is done on "Kneel L".
Spiral—Bend knees in crouching pos and turn to own L with 4 steps in small individual circle. L arm is curved in front of body, palm down. R arm is curved behind body, palm out away from body. Look over L shoulder. As steps are taken, gradually rise so that on 4th step General arm and body pos is resumed (described below).
Step Swing—Transfer wt to indicated ft, at same time start swinging other ft across in front of supporting ft. Swinging ft brushes floor at start of swing. Lift heel of supporting ft at height of swing. Action takes 1 ct.
- STYLING:** *Arms: General Pos.*—After Salutation is done and dance proper begins, arms are raised to curved pos about shoulder height. Arms are parallel to floor and back of hand is up. Back is straight and chest is lifted. Fingers snap on *each beat* of music. This arm pos is held throughout dance unless otherwise indicated.
Point and Kneel figure — On the point, hands are brought inward so backs of hands are adjacent, about 10 inches out from chest. On the kneeling, arms describe an upward and outward circle ending just above knees. As dancer arises, arms are returned to General pos by retracing arc just inscribed.
Spiral — See directions given under STEPS.
Walking: There is an easy bend of the knees and ft are lifted from floor as steps are taken. On Step L (ct 35) there is a definite bend of the L knee. It is straightened as the R is pointed (ct 36). There is also a bend and straightening of the R knee on cts 37-38.
Run: Lightly done. Ft are lifted up in back.
Note: The music of this Mallorcan Bolero is in mixed meter (3/4,4/4). The meters do not alternate regularly and the meas are hard to ct. For this reason the dance will be described in cts rather than by meas. All cts are even. Count 1,&2,& etc throughout dance.
 Description same for M and W except where indicated.

3/4 and 4/4

PATTERN

Counts

16

INTRODUCTION

No action. Stand as described above under Formation.

1. SALUTATION

8

Dancers raise R arm slowly in an arc until R hand stops, palm out, just above eyes (cts.1-6). Step back on L ft and draw R heel over L arch, body bending fwd as R arm sweeps downward describing an arc, ending curved in front of the waist as L arm ends curved over head (cts 7-8). This pose is salutation to begin dance. As Fig 1 starts the arms are moved into General Pos. Back is straight and chest is lifted.

PARADO DE VALDEMOSA

II. *FIGURE I*

42 Circling to R(CCW) walk R L R(cts 1,2,3). Facing ctr, tap L(ct &). Step L in place(ct 4). Point R twd ctr(ct 5). Kneel R(ct 6). Rise and step R beside L(ct7). Step to L with L(ct 8). Cross R behind L(ct &). Step to L with L(ct 9). Cross R behind L(ct &). Step to L with L(ct 10). Cross R behind L(ct 11). Step to L with L(ct 11). Spiraling to L, walk R L R L(cts 12-15).

Circling to R(CCW) walk R L(cts 16,17). Facing ctr, point R to ctr (ct 18). Kneel R(ct 19). Rise and step R beside L(ct 20). Step to L with L(ct 21). Cross R behind L(ct &). Step to L with L(ct 22). Tap R (ct &). Step R in place(ct 23). Point L to ctr(ct 24). Kneel L(ct 25). Rise and step to L with L(ct 26). Cross R behind L(ct &). Step to L with L(ct 27). Point R to ctr(ct 28). Kneel R(ct 29).

Circling to R(CCW) rise and walk R L R(cts 30,31,32). Facing ctr, step L, swinging R(ct 33). Step R, swinging L(ct 34). Step L(ct 35). Point R to R, turning head and shoulders to R(CCW)(ct 36). Step R, toe pointing to ctr(ct 37). Point L to L, turning head and shoulders to L(CW)(ct 38). Facing ctr, step L(ct 39). Point R to ctr(ct 40). Kneel R(ct 41). Rise and step R beside L(ct 42).

III. *FIGURE II*

Music repeats same as Fig I. During W solo M keeps time in place, clicking fingers. W does same during M solo.

42 W, facing, make CW circle around each other. L shoulders lead. Step to L with L(ct 1). Cross R behind L(ct &). Step to L with L(ct 2). Cross R behind L(ct &). Step to L with L(ct 3). Cross R behind L(ct &). Step to L with L(ct 4). In original pos, spiral to L, walking R L R L(cts 5-8). M only, spiral to L, walking R L R L(cts 9-12).

All: Circling to R(CCW) walk R L(cts 13,14). Run R L R(cts 15,&,16). Facing ctr, point L to ctr(ct 17). Kneel L(ct 18). Circling to R(CCW) rise and walk L R(cts 19,20). Run L R L(cts 21,&,22). Facing ctr, point R to ctr(ct 23). Kneel R(ct 24). Rise and step R beside L(ct 25). Circling to L(CW) walk 6 steps starting L(cts 26-31). Point L in CW direction(ct 32). Facing ctr, step L swinging R(ct 33). Step R, swinging L(ct 34). Step L(ct 35). Point R to R, turning head and shoulders to R(CWW)(ct 36). Step R, toe pointing to ctr(ct 37). Point L to L, turning head and shoulders to L(CW)(ct 38). Facing ctr, step L(ct 39). Point R to ctr(ct 40). Kneel R(ct 41). Rise and touch R beside L(no wt)(ct 42).

IV. *FIGURE I*

42 Repeat all of Fig I. On kneel R(ct 41) W turn backs to M and all kneel facing same direction as M. As dancers arise on ct 42, R hand is raised above eyes, palm out. L hand is on hip, ft together.

NOTE: For teaching purposes cts should be broken into smaller units.

PARADO DE VALDEMOZA CHECK SHEET

Arrows point direction L(CW) or R(CCW). No arrows—face ctr. Curved arrow—spiral.

FIGURE I

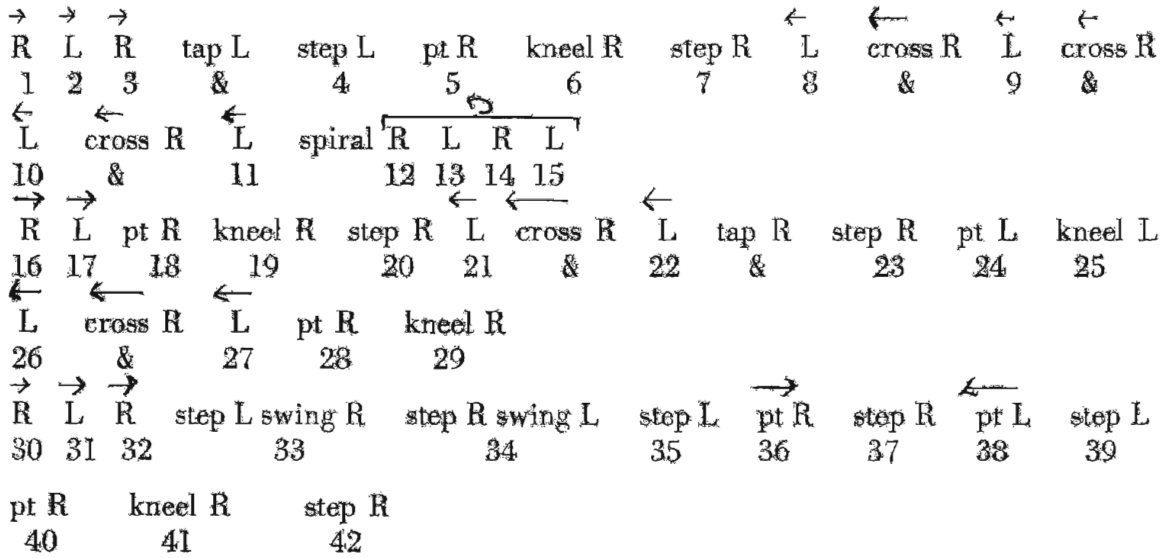


FIGURE II

